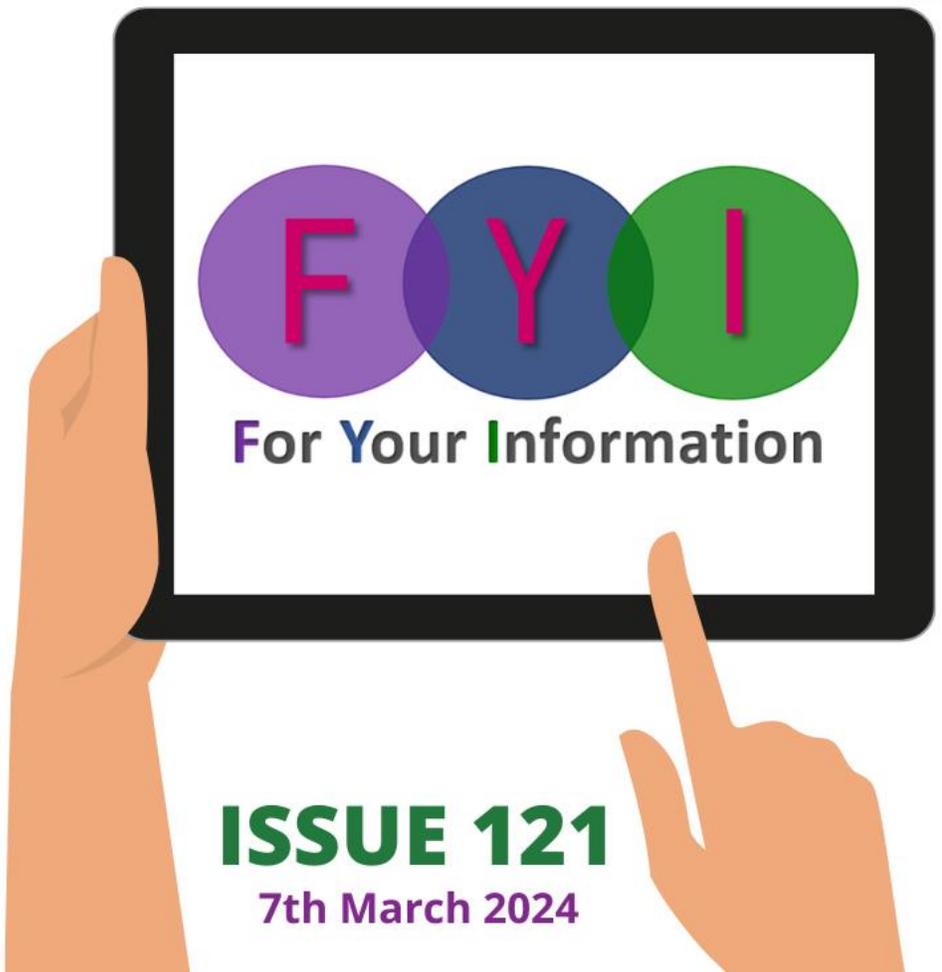


**SOUTHERN AREA
LOCALITY PLANNING GROUPS**



ISSUE 121
7th March 2024



WELCOME

Welcome to Issue 121 of our fortnightly newsletter, 'FYI' (For Your Information).

It's that time again where we review and look at possible improvements for 'FYI' based on your feedback and ideas. Go straight to the [next page](#) to get involved and give us your feedback - Any ideas and queries you may have about 'FYI' can be made and we will act and respond to these accordingly. We want to make this resource as user-friendly and useful as possible to all.

[Pages 23 to 25](#) also give the chance to have your say on other key areas, whether it is about emotional wellbeing and mental health services for young people, or reviewing transitions services for young people and adults with a disability. Please have your say on these.

In between, we have the usual range of information, opportunities and resources across the Southern Area for children, young people, parents/caregivers and practitioners.

Locality Development Team, Southern Area

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[Southern Trust Area \(CYPSP Updates | Training | Events | Workshops | Parenting Programmes | Employability | Jobs | Funding | Consultations | Reports | Youth Voice | Resources | Family Support | Health\)](#)

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[Next Issue Key Dates](#)





Our For Your Information



'FYI' is now in its 5th year! – Doesn't time fly!
As always, we are very keen to obtain feedback on our newsletter and the impact it makes with yourselves and families in the Southern Area

Can you give a couple of minutes of your time and complete a short survey to help us review and improve this resource?



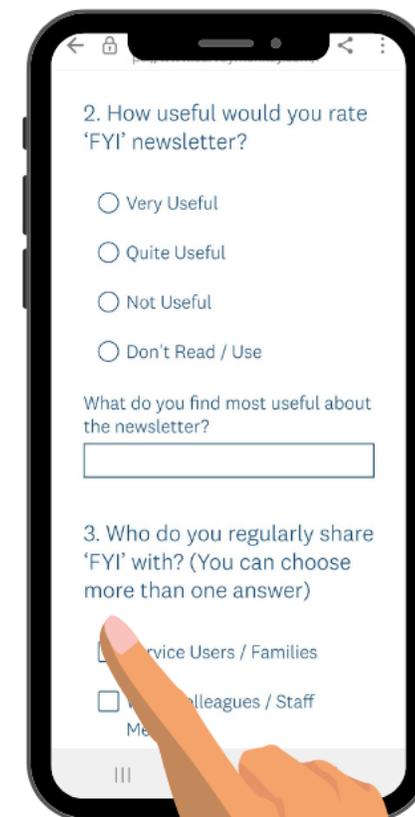
The survey is available to complete [HERE](#)

Deadline for survey returns is **Thursday 28th March 2024**

We would also like to take this opportunity to thank our LPG members and newsletter recipients for your continued support of 'FYI'

If you would like to discuss 'FYI' newsletter directly, please do not hesitate to contact us

Locality Development Team, Southern Area
Joanne Patterson (localityplanning@ci-ni.org.uk)
Darren Curtis (07725232566)





The February edition of the **Family Support Hub Newsletter** is now available [HERE](#)

(The newsletter will download directly to your device, so look out for the pop-up box and click on open file when it appears)

In this edition alongside lots of news and information about events and services we have an interview with Dr Theresa McShane, the Regional Co-ordinator for the Emotional Wellbeing in Schools project

It is also packed full of information for parents/carers, early years, children & young people with a disability, mental health and wellbeing advice, helplines and much more!

Previous editions of the newsletter are available [HERE](#) under the Family Support Newsletter section



Our funding restrictions are such that funded training is only available to those who work/volunteer for a **voluntary, charitable, faith or community-based organisation**



Upcoming Training Courses

Designated Officer Training Tues 12th March 10:00 - 16:00	Gambling & Gambling Harm Protection Fri 15th March 09:30 - 12:30
Child Protection Practice Weds 3rd April 09:30 - 12:30	Introduction to Podcasting Tues 9th April 09:30 - 12:30
Baby Massage Instructor training (2 day course) Fri 19th & Mon 22nd April 10:00 - 16:00	Baby Yoga Instructor training (2 day course) Fri 17th & Mon 20th May 10:00 - 16:00





Community
Sector
Training



SAFEGUARDING CHILDREN

DESIGNATED PERSON TRAINING – delivered via Zoom

Dates: Thur 21st and Tues 26th March 2024 Time: 7-9.00pm

Participants **MUST** already have completed Level 3 Child Safeguarding training within the last 3 years.

REFRESHER DESIGNATED PERSON TRAINING – delivered via Zoom

Date: Tues 23rd April 2024 Time: 7-9.30pm

Participants **MUST** already have completed Designated Person training within the last 3 years.

Contact CST by email cst.training@southerntrust.hscni.net or phone 028 3756 1441 to enquire about booking your place.

All course places must be booked at least 7 days prior to start date.

Available free of charge to all community, voluntary and faith groups across the Southern Trust.



cst.training@southerntrust.hscni.net



EXPRESSION OF INTEREST FORM

Would you like to join the Community Health Trainer Team?

This opportunity is for those living in the Southern Health & Social Care Trust. See overleaf for course information



This programme is funded by NHS Charities together SHSCT as part of the Verve Healthy Living Network Project



What Is a Health Trainer?

An individual who has an interest in the health and wellbeing of the local community and with training and support their will focus on improving lifestyle related issues such as physical activity, smoking cessation, alcohol intake, mental health and diet.

They work alongside the Promoting Wellbeing Division of the Southern Health and Social Care Trust and local Community and Voluntary Organisations to improve the health and wellbeing of the community through

- group work
- one-to-one motivational support
- introducing people to local services

Training Opportunity

Gain the knowledge and skills to make a difference to the health and well-being of individuals living in your community by completing the Open College Network Health Facilitator Certificate (level 3) *

The programme involves:

- 12 weeks full day sessions of practical and discussion based learning
- Completion of a learning portfolio
- Development of skills and knowledge in community engagement, motivational interviewing and behaviour change
- Development of knowledge and practical skills to support individuals in making healthier choices

To find out more about the course please contact Paul Barton.

Social Prescribing Coordinator (SHSCT)
Paul A. Barton
Promoting Wellbeing Division
T: 0784 361 9441
E: Paul.Barton@southerntrust.hscni.net

* course is fully funded



Paul.Barton@southerntrust.hscni.net



NOURISH TO FLOURISH

Training for you or your organisation

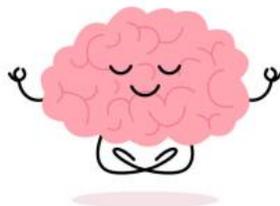
AGES 8+

GIMME 5

Duration: 1-1.5hrs
Participants: up to 35

An activity-based workshop created by the Southern Health and Social Care Trust, teaching the 5 Ways to Well-Being.

Key Themes: Connecting with others; Staying active; Taking notice; Learning; Giving



AGES 11+

People aged 11+ can benefit from the Gimme 5 workshop, and:

Building Personal Resilience

Duration: 1-1.5hrs
Participants: up to 35

Group & individual learning on the qualities we need to cope, survive and thrive in challenging circumstances.

Key Themes: Positive relationships; Sense of purpose; Mindfulness; Self-awareness; Self-care; Stress management

Every Mind Matters

Duration: 1-1.5hrs
Participants: up to 35

Thinking about mental health in a proactive way; discussing stigma, the role it plays, & how our mental health may change throughout our lives.

Key Themes: Mental and physical health; Breaking stigma cycle; Mental health continuum

B Positive

Duration: 2.5-3hrs
Participants: up to 35

Understanding the issues affecting our mental health, & promoting positive mental health through group discussion and activities.

Key Themes: Developing self-awareness; Building strong self-care plans; Breaking stigma cycle

AGES 15+

People aged 15+ can benefit from all previous programmes, and:

safeTALK

Duration: 3-3.5hrs
Participants: 10-30

Building skills & confidence necessary to recognise & assist individuals with thoughts of suicide.

Key Themes: Suicide awareness & intervention; Available resource awareness

Shoulder to Shoulder

Duration: 1-1.5hrs
Participants: 6-30

A suicide alertness workshop aimed at community members, because suicide can affect us ALL and its prevention is EVERYBODY'S business.

Key Themes: Suicide awareness & intervention; Available resources awareness; Challenging stigma; Self-care building

AGES 18+

People aged 18+ can benefit from all previous programmes, and:

ASIST

Suitable for participants aged 18+ only

Duration: 16 hrs
Participants: 10-30

Building skills & confidence necessary to recognise and intervene in suicide situations; achieving safety & connecting individuals with suitable supports.

Key Themes: Suicide awareness & intervention; Talking at length with at-risk individuals; Available resource awareness

SCAN ME!



Contact us to book yours!

T: 028 302 66195

E: training@pipshopeandsupport.org

www.pipshopeandsupport.org/training



training@pipshopeandsupport.org

An Tearmann Traveller Women's Group

Mental Health Coffee Morning

Wednesday 13th March

The Junction, Dungannon

10.30am - 12.30pm

Take care of yourself



frances.marshall@stepni.org



Upcoming Events

Understanding Trauma Three-day short series on ACEs

19 - 21 March 2024

12pm - 1.30pm (GMT)

FREE to Members | **£49.50** to Non-Members

Unravelling ACEs



Janina Fisher



Vincent Felitti



Jaz Ampaw-Farr

SIMPLE Listening practices Online Event

Tuesday 23rd April 2024

12pm - 1.30pm (BST)

FREE to Members | **£49.50** to Non-Members

SIMPLE Listening practices

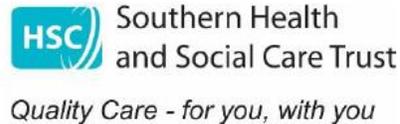
Jane Shaw



Online Event



<https://actiontrauma.com/events-home/>



You are invited to an online event on plans to expand the Verve Network across all the Southern Trust area through NHS charities funding. The expansion will extend the Network's reach to allow even more people to benefit from the support and guidance of local organisations and dedicated health trainers.

The event will be held on:

Wednesday 20th March at 11.00 am to 12.00 noon – Online Microsoft Teams

or

Wednesday 27th March at 7.00 pm to 8.00 pm – Online Microsoft teams

You will hear first-hand from those involved in the current Verve Network in Craigavon the benefits of being a member hub, and the role and training included in becoming a Community Health Trainer.

To register for the information event, please RSVP by Tuesday 19th March:

<https://forms.office.com/e/5MqjcJWs69?origin=IprLink>

Please find attached some information regarding the programmes available in the Craigavon Area.

With Regards

Paul A. Barton

*Social Prescribing Coordinator
Adult Community Services, SHSCT*

THE ROLE OF LOCAL COMMUNITY ADVICE SERVICES IN SUPPORTING FAMILIES AND YOUNG PEOPLE WORKSHOP

This workshop will enable greater understanding of the role of advice services in supporting families and young people, and will focus on key benefits and entitlements, as well as advising and informing on significant changes within the welfare system, this includes.

- Grants and entitlements available for Families and Young People
- Move to Universal Credit
- The Two Child Limit
- Disability and Carers Benefits for Families

This is opportunity to ask questions at our Q&A session hosted by our experienced advisors.

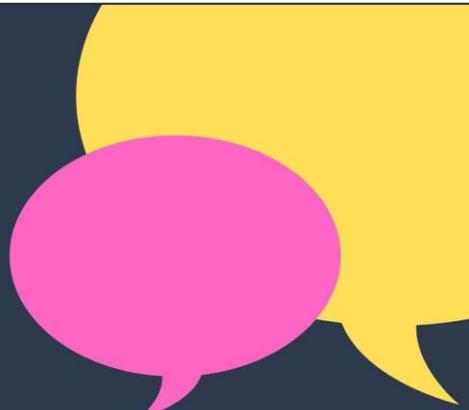
Please **RSVP** to reserve a place
Kellie Murray kellie@advicenmd.com

Wednesday 20th March 2024
9.30am -1pm
The Junction, Dungannon



 kellie@advicenmd.com

MARCH 2024



SHAPING THE FUTURE OF VOLUNTARY YOUTH WORK IN NI

Join the conversation

6 MARCH 6PM	NICVA, BELFAST
7 MARCH 6PM	WATERSIDE SHARED VILLAGE, DERRY
13 MARCH 7.15PM	THE JETHRO CENTRE, LURGAN
19 MARCH 11AM	OMAGH ENTERPRISE CENTRE, OMAGH
20 MARCH 7PM	THE BRAID, BALLYMENA
26 MARCH 11AM	THE CANAL COURT, NEWRY

Book Now




 www.nicva.org/join-the-conversation



MOOD MATTERS

PARENT & BABY WORKSHOP

A free online mental health awareness workshop for expectant parents and parents of young children (under 3 years of age) delivered by AWARE, the depression charity for Northern Ireland.

The workshop teaches you skills to:

- Look after your mental health
- Manage your feelings when you are stressed, anxious, or depressed
- How to identify mental ill-health
- Cope with challenges during and after pregnancy
- How and where to get help

Course delivery:

Delivered online via Zoom
Thursday 14th March 7-9pm
Sign up online on our website:

www.aware-ni.org/MMPB



MOOD MATTERS

PARENT & BABY WORKSHOP *Positive Minds for Postnatal Parents Project*

A free mental health awareness workshop for parents with neonatal experience delivered by AWARE NI, the depression charity for Northern Ireland.

The workshop teaches you skills to:

- Look after your mental health
- Manage your feelings when you are stressed, anxious, or depressed
- How to identify mental ill-health
- Cope with challenges during and after pregnancy
- How and where to get help

Course delivery:

Delivered online via Zoom
Wednesday 20th March 10.30am - 12.30pm
Sign up online on our website:

www.aware-ni.org/MMPB



HSC Southern Health
and Social Care Trust



“Wee Brains Matter”

0-5 year old Brain Development

Free Online Session
Each Wednesday 9.30am-11.30am

Are you a Parent/Carer living in the Southern Trust Area?
Come join us to hear about how Brain Development may support understanding why:

- The Parent Infant/Child Relationship Matters.
- Calming Strategies for both you and your infant/child.
- Having Fun together: Baby Talk, Tummy Time, Play and Activities.
- Managing big Emotions/Anxieties
- Managing Routines and Boundaries

For further information or to book a place please contact
mona.hanna@southerntrust.hscni.net / 07585889605
lisa.lenaghan@southerntrust.hscni.net / 07841970432

HSC Southern Health
and Social Care Trust



**Understanding 5-11 year old
Brain Development**

Free Online Session
Last Thursday of each month 9.30am-11.30am

Are you a Parent/Carer living in the Southern Trust Area?
Come join us to hear about how Brain Development may support understanding of:

- How your Child's Brain Develops and responds Emotionally.
- Understand their Behaviour & Anxieties
- Help your Child Communicate how they Feel.
- Learn Strategies/Resources to Support both you and your Child during this Developmental Stage.

For further information or to book a place please contact
mona.hanna@southerntrust.hscni.net / 07585889605
lisa.lenaghan@southerntrust.hscni.net / 07841970432

HSC Southern Health
and Social Care Trust



Adolescent/Teenage Brain Development

Free Online Session 7- 9pm
Last Thursday Each Month
Commencing February 2024

Are you a Parent/Carer living in the Southern Trust Area?

Come join us to hear about how Brain Development may support understanding why:

- Teenagers feel emotions/anxiety so intensely.
- Teenagers have difficulty reading faces, gestures and emotions of others.
- Why social acceptance and rejection by their peers matters
- Why the conflict with Parents
- Risk taking versus a time to take risks.
- Why their sleep pattern changes.

For further information or to book a place please contact
mona.hanna@southerntrust.hscni.net / 07585889605
lisa.lenaghan@southerntrust.hscni.net / 07841970432



mona.hanna@southerntrust.hscni.net / lisa.lenaghan@southerntrust.hscni.net

Personal and Public Involvement (PPI)  **Involving you, improving care**

The Public Health Agency, in association with The Consultation Institute (TCI), offers a series of four carefully prepared, interactive webinars on topical issues relating to Personal and Public Involvement (PPI) in Health and Social Care.

SERIES OF INTERACTIVE WEBINARS
SPRING 2024 PROGRAMME

Involvement in the HSC Tuesday Topics

The programme, in one hour sessions (12-1pm), will explore:

- Tuesday 5th March**

1. Politics is back!

 - We will explore the likely actions by MLAs, Assembly Committees and Ministers, and how they will interact with the Health and Social Care systems - staff, unions, NGOs (non-profit organisation), and issue-based charities
 - We will share our 'top ten tips' for engagement with the political world!
- Tuesday 12th March**

2. Guidelines, best practice and protocols

 - What is happening across the five jurisdictions?
 - Our experts will examine the new NHS England guidelines and how things differ in the different jurisdictions; what impact does it make?
 - We will also look at what needs done in N. Ireland to update our legislation and guidance in due course
- Tuesday 19th March**

3. Co-Production - potential and pitfalls

 - How to get it right
 - What involvement projects are suitable for co-production - how should you choose and manage them?
 - How to select participants and ensure they are representative
 - Reporting the results, and moving to public consultation (where necessary)
- Tuesday 26th March**

4. Leadership in PPI

 - What skills do you need?
 - We shall lay out the attributes, competences and skillsets required for strong involvement, engagement and consultation activity
 - What training, mentoring and support do you need? And service users, patients, clients and carers?
 - How do we measure good leadership?

 [For zoom link click here:](#) 

For further information please email ppi.secretary@hscni.net



ppi.secretary@hscni.net

Evidence based
**PARENTING SUPPORT
PROGRAMMES**

*Giving every child the best start /
opportunity in life*



For information on these and other
programmes available to families in the
Southern Trust area visit our webpage:

www.cypsp.hscni.net/ebpp



SCAN ME

Further information is now available on the range of **evidence-based parenting programmes** available to families of children and young people (pre birth to 18 year) living in the Southern Trust Area

Programmes are available for families of typically developing and children/young people with special needs and run from September to June
Please note that multiple programmes may be advertised under one category

Find out more [HERE](#)

INCREDIBLE YEARS



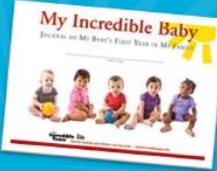
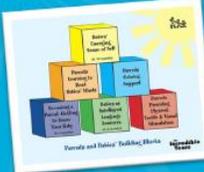


Baby Programme

The Incredible Years baby programme is primarily aimed at parents/carers of babies 0-4 months. It works to strengthen parent-child interaction and attachment.

Parents will be supported to:

- Help their babies feel loved, safe, and secure.
- Encourage their babies' physical and language development.
- Provide physical, tactile and visual stimulation
- The parenting group format fosters peer support networks and shared learning. Trained Incredible Years® facilitators use video clips of real-life situations to support the training and stimulate group discussions. Parents practice skills with their babies in the group.

Date/Time: Thurs 25th April 2024 x 8 weeks. 10.00am - 12.00pm

Area: Newry Teachers Centre. Face to Face programme

Criteria: Preference will be given to parents of babies 0-4 months resident in the Newry & Mourne locality.

Enquiry/Referral:
Parenting Partnership
parenting.partnership@southerntrust.hscni.net 07880 474 747

Jenna Hanna - MDT Team, Summer Hill Surgery
Jenna.Hanna@southerntrust.hscni.net 07385 462 726







parenting.partnership@southerntrust.hscni.net



GET HIRED IN CUSTOMER SERVICE

KICKSTART A CAREER IN CUSTOMER SERVICE

INFORMATION

Course Dates: Tues 12th & Wed 13th March 2024
Location: PT Centre, Weaver's Court, Belfast, BT12 5GH
Email: outreachni@princes-trust.org.uk
Phone: 0800 842 842

Are you aged 16-30 and ready to work in customer service?

Come to our FREE two day course!

Day One - meet employers in the customer service sector and hear about their current job opportunities. Then receive employability support and interview training.

Day two - interviews from the employers you are most interested in.

Get in touch and Start Something today!



Funded by UK Government



GET STARTED IN GAMING

Everyone starts somewhere. Learn from industry experts, get invaluable experience and a taste of what it's like to work in Gaming.

Find out more via webchat at: princes-trust.org.uk



@princestrust

ON THIS COURSE YOU'LL:

- Build and present your own 3D game
- Examine the history of gaming
- Learn about VR and multiplayer games
- Have the opportunity to complete a Prince's Trust qualification

DATES FOR YOUR DIARY:

Taster day: 19th March 10-11am(online)
Course dates: 25th-28th March 10am-4pm
Location: 8a Weavers Court, Belfast BT12 5GH
Eligibility criteria: 16-30 not in full time employment, education or training

GET STARTED



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Aged 16-24?

OWN YOUR FUTURE

You're in control. Get support to discover your potential, boost your personal skills and improve your confidence.

Contact us

Call 0800 842 842
Webchat princes-trust.org.uk
Email outreachni@princes-trust.org.uk



@princestrust

ON THIS COURSE YOU'LL:

- Take part in 6 months of group work and one-to-one sessions
- Work on five key themes, including good relations, personal development, citizenship, employability, and positive progression
- Take part in a range of activities

DATES FOR YOUR DIARY:

Welcome Sessions: During March
Course dates: April 2024
Location: Belfast
Eligibility criteria: 16-24, not in education or employment

EXPLORE+

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outreachni@princes-trust.org.uk



A quick guide for how we help young people

The Prince's Trust supports young people to transform their lives by developing their skills to live, learn, and earn. We work with partners and volunteers to offer a variety of programmes to help young people build their confidence, get a job, or start a business.

Contact Us

Call
0800 842 842

Email
outreachni@princes-trust.org.uk

Webchat
princes-trust.org.uk



Foundations

Explore

Age: 16-30

Explore is a 6-week personal and social development programme. Designed to help improve confidence, work on personal and social skills, and a chance to re-engage in something positive! There are a range of group activities and one-to-one support, as well as some Prince's Trust Qualifications, employability, and goal setting sessions.

Explore Plus

Age: 14-24

A six-month programme focusing on 5 key areas: personal development, good relations, citizenship, employability skills, and positive progression. Take part in a range of group activities and receive one-to-one support with the aim of becoming ready to look for work, education, training, or volunteering. There are also opportunities to gain Prince's Trust Qualifications.

Team

Age: 16-25

A 12-week personal development programme, giving young people the chance to gain new life and employability skills, work experience, and to meet new people. Young people will also take on a community project and take part in an action-packed residential trip.

Get Started

Age: 16-30

A week long specialised course on themes such as photography, beauty, gaming, and more! Gain practical experience, get support from professionals, and learn about working in the industry.

Work Ready

Get Into

Age: 16-30

An opportunity for young people to gain valuable work experience or gain the skills they need to start work. With top employers in retail, hospitality, and security giving opportunities for paid employment after the programme.

Get Hired

Age: 16-30

A two-day programme that accelerates young people into live job opportunities. The first day is sector-specific skills development, the second day is an opportunity to interview for roles.

Unlock Skills for Work

Age: 16-30

A two-day programme aimed to give young people a head start with their job search. During the course participants take part in a range of interactive workshops, including confidence building, interview advice, CV development, and looking after their wellbeing.

Explore Enterprise

Age: 18-30

A four-day programme for young people interested in starting their own business. The course covers foundational learning in finance, marketing, business planning, and sales. After the course young people get two years of one-to-one support, mentoring, and can access grants to help launch their business.

Development Awards

Age: 16-30

Grants to support young people to get back into education or employment, subject to availability. The awards can be put towards the cost of course fees, tools, or equipment to help young people achieve their goals.



outreachni@princes-trust.org.uk

GETGOT

[About Us](#) [Contact Us](#) [Register](#) [Login](#)



Housing Support Worker (Level 3)

Belfast Central Mission

Job ref: **FSM/sw/02**

Permanent

£22,452.08 - £25,390.39

Housing Support for Younger People-
Armagh/Dungannon/Magheraf

1 Position(s) Available

Thu 14 March 2024 - 14:00



JOB DESCRIPTION

Job Title: Housing Support Worker (level 3)

Project and Location: Housing Support for Young People in the
Armagh/Dungannon/Magherafelt Area

Reports to: Project Manager

Thu 14 March 2024 - 14:00

APPLY



www.getgotjobs.co.uk/jobDetails

Area Youth Worker 1 (Local Team) - Epicentre Youth Club (Job Reference: 24000703)



Primary Location : Armagh-Armagh-Epicentre Youth Club

Contract Type : Permanent

Duration of Contract/Contract End Date : N/A

Status : Full-Time

Hours per Week : 36 hours per week

Working Pattern : The successful candidate will be expected to work 4 evenings per week and regular weekends as and when required in line with JNC terms

Grade/Scale : Area Youth Worker I | Professional Range Pts 18 - 21 | £32,021 - £34,522 per annum

Additional Allowance(s) : Not Applicable

Anticipated Interview Date(s) : 20 March 2024

Additional Information: N/A

JOB DESCRIPTION

REPORTS TO: Senior Youth Worker or Designated Youth Worker

RESPONSIBLE FOR: Occasional/shared responsibility for part-time /project staff

JOB PURPOSE

The Area Youth Worker 1 will have responsibility for the management of youth work programmes across the designated area, in line with EA policies.



<https://eani.taleo.net/careersection/external/jobdetail.ftl>



About Us ▾ How to Apply ▾ Recent Awards Diary Annual Reports

Children's Summer Playschemes Guidelines

Please read these guidelines in full and note all the requirements and exclusions even if you have received funding from us before. Time is valuable to us all and we would like you to avoid spending time on an application that will automatically be rejected if it doesn't fit within our guidelines.

Please note we only accept online application forms – see link below, under the 'Application Form' section.

The Trustees review applications in May. Specific deadlines for applications are posted on the [Diary](#) page of this website.

Each year the Trustees of the Woodward Charitable Trust set aside funds for summer playschemes for children from disadvantaged backgrounds between the ages of 5-16 years.



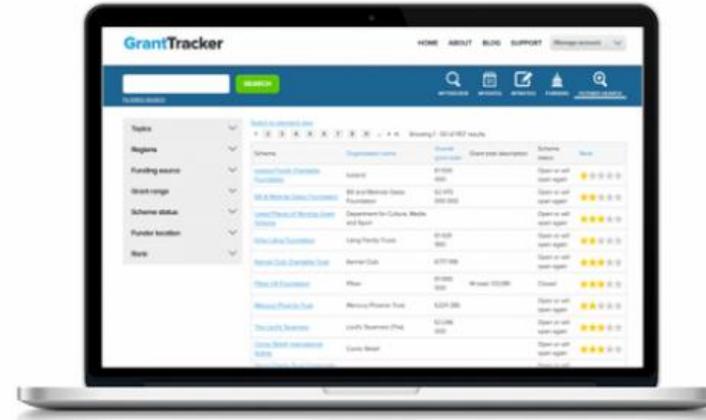
 <https://woodwardcharitabletrust.org.uk/childrens-summer>

 www.kfc.co.uk/foundation-community-grants

GrantTracker

Free for 1 year

apply by 31 March



www.grant-tracker.org



NICVA are delighted to announce that, thanks to funding from The Department for Communities, they can give FREE one-year subscriptions to GrantTracker, Northern Ireland's leading funding toolkit

[GrantTracker](#) will help you find funding schemes relevant to your projects, keep on top of deadline dates and co-ordinate your funding applications

The subscription normally costs £145 but, thanks to funding from the Department for Communities, they are able to provide this for free - but only until **31 March 2024**

So don't miss out on this opportunity - Sign up today!

There is a limit to the number of subscriptions we can fund, so submit the form found [HERE](#) as soon as possible



This survey is
Open until
**14th March to the
Armagh, Down &
Tyrone Areas**
You can complete
the survey as an
**individual or
group/organisation
representative**

CAWT cross border 'Early Intervention Support Youth Hubs' (EASY) Project: Your views

We would welcome your feedback on a proposed project submission by the Co-operation and Working Together (CAWT) Partnership to the new EU PEACEPLUS programme, under theme 4.1 – *Collaborative Health and Social Care*.

The '**Early Intervention Support Youth Hubs' (EASY) Project** aims to establish a cross border and cross community network, to provide support and interventions to concerned parents / carers/ families with a child/children aged 1 to 17 years of age, presenting with behaviours consistent with **neurodevelopmental type conditions** such as Autism Spectrum Disorder (ASD), attention-deficit hyperactivity disorder (ADHD), or who have been diagnosed with a neurodevelopmental disorder.

The reason for developing this project funding application

In the past two decades, the estimated prevalence of neurodevelopmental type conditions such as has ASD and ADHD has grown exponentially, with referral numbers for assessment & waiting lists rising year on year in both jurisdictions.

Thus, the project is proposing to:

Deliver interventions to a total of 10,000 children (aged 1 to 17 years old) and their families/carers, to access support services and avail of early interventions in the areas of:

- Targeted & tailored workshop series for Parents/Carers.
- Parent Programmes for Parents/Carers of Children either diagnosed with, or demonstrating behaviours consistent with neurodevelopmental type conditions, with a focus on Early Intervention.
- Bespoke supports for families such as home visiting programmes, short break respite, social activities / social skills programmes etc.
- Signposting families to appropriate help and support.



<https://forms.office.com/e/LpbqBFEyyn>



The survey will
be open from

22/02/2024 to 21/03/2024

**Only one survey should be
completed for each
school/setting**

Emotional Health and Wellbeing Surveys Schools





You can complete the survey as an **individual or group/organisation representative**



Enhancing Transitions Services for School Leavers with Special Educational Needs and Disabilities: Public Survey

<p>Overview</p>	<p>Closes 13 Mar 2024</p>
<p>Background</p>	<p>Opened 31 Jan 2024</p>
<p><u>The End to End review of Special Educational Needs (SEN)</u> aims to address existing gaps in provision and to explore a range of new delivery options to allow for systemic change to take place where necessary. As part of the End to End review process, the Department of Education in conjunction with the Department of Health has established a Working Group to focus on improving the experience of 'transition' for those children and young people that have a Statement of SEN, and/or a disability. This is inclusive of children who may remain in school until the end of the school year in which they reach 19 years of age, or they may move to a Further Education College, a training programme, employment, a Health Trust operated service, or other type of services deemed suitable for their needs. It is recognised that schools, the EA, Health Trusts and Careers Advisers are all involved in planning for a child's transition from education, and Working Group partners include representatives from the Department for Communities, Department for the Economy, the Education Authority, the Public Health Authority, and Health and Social Care.</p>	<p>Contact Special Education Review Team 02891 858005 Transitionsurvey@education-ni.gov.uk</p>



<https://consultations.nidirect.gov.uk/de/transitions-survey/>

62,000

**Northern Irish children
in poverty are in
'work-constrained'
families**



Action for Children NI has released new research into how many children in Northern Ireland are impacted by poverty because their families face barriers to work. These barriers include: already working maximum hours available, managing caring responsibilities, or dealing with long-term health-condition/disability.

Read more [HERE](#)



Career or care

Women, unpaid caring and
employment in Northern Ireland



Report prepared for the Carer Poverty Commission NI
by Carers NI and the Women's Regional Consortium

February 2024



www.carersuk.org/career-or-care



Are you a trans, non-binary or gender
diverse young person aged between 16-20?

MANGO

A 12-week 'Activism and Advocacy' programme

The future is yours to take!



<https://mermaidsuk.org.uk/young-people/mango/>

TAKE A healthy SELFIE
CHECK IN WITH YOURSELF

FULLY CONFIDENTIAL

SCAN THE QR CODE AND CHECK OUT WHERE YOU CAN GET SUPPORT & ADVICE TO KEEP WELL.

YOUTH WELLNESS WEB

Young people helped produce this site which gives information to help keep you feeling well and supported. It includes bullying, mental health and school.

There are links, video clips and podcasts with sections for different age groups.

Text Nurse

A confidential text messaging service to a qualified School Nurse for advice and support, aimed at 11 to 18 year olds. It includes general health as well as emotional health and wellbeing.

Mondays-Fridays, 9am-5pm.
TEXT 0750 7328 057

childline

Free telephone number for help, advice and support if you are aged under 19.

The line is open 24 hours a day 7 days a week.

CALL 0800 808 8000
TEXT 18001 0808 808 8000

Lifeline

Provides telephone support to people in crisis of every age, gender, race, religion, disability and sexual orientation.

Open 24 hours a day 7 days a week.

CALL 0808 808 8000
TEXT 18001 0808 808 8000

ALL FULLY CONFIDENTIAL

CYPSP
Children & Young People's Strategic Partnership

Children in Northern Ireland



Student Card



Poster



Parent, Caregivers & School Staff Guide

“Take a Healthy Selfie” offers three resources to signpost young people, parents/caregivers, school and youth work staff to support services in the Southern Area Originating from the CYPSP Banbridge LPG, the aim was to work with young people to produce simple signposts to key quality-assured services and resources online Young people from Futureproof, Crisis Café, New Bridge Integrated College and the Epicentre in the Southern area, advised on the themes, content and design for the resources, which are available in electronic form (Download links on this page) and paper copies

To order copies of this free resource, or to learn more about this campaign, e-mail localityplanning@ci-ni.org.uk



Cost of Living Crisis Resource

A Guide to Locality Based Targeted Resources and Practical Support for Families and Children Struggling with the Current Cost of Living Crisis

This is a live document and will be updated on a regular basis
Updated February 2024

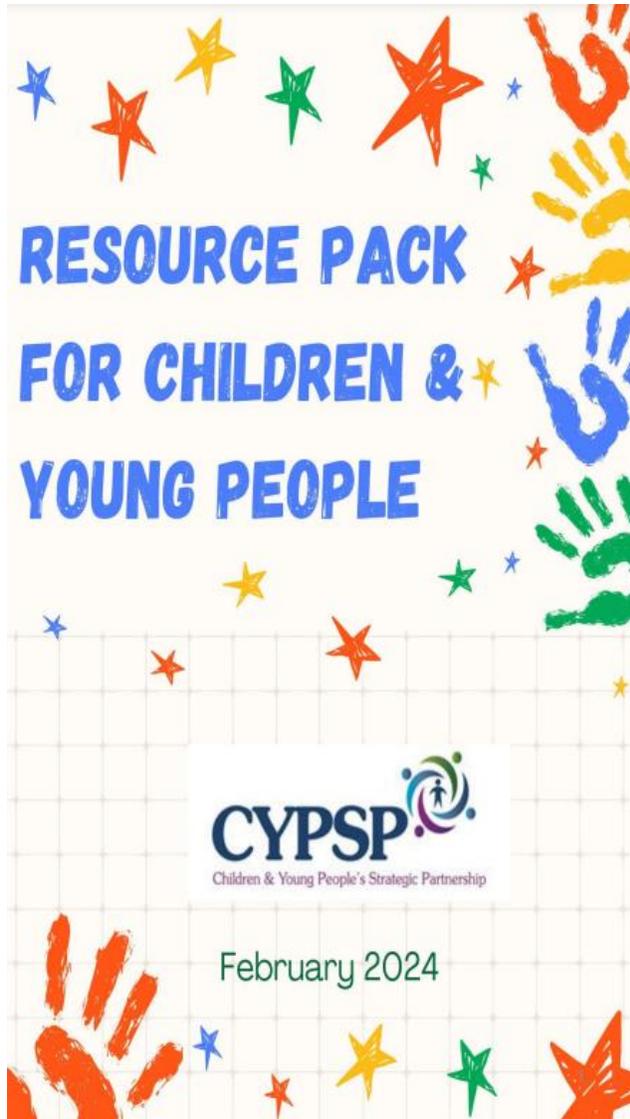
The information in this guide has been provided by services.
If you would like to include information about your service please
email: louise.dickson@hscni.net

The **CYPSP Cost of Living Resource** has recently been updated and is now available to download [HERE](#)

Please share this link widely with colleagues and with families you are supporting, as well as sharing the resource via social media

We have broken the document down by areas across each HSCT, for ease of reference and printing

E-mail louise.dickson@hscni.net if you would like to add your service, events or projects to the resource



For more resources and activities on disability, mental health, bereavement, education plus more, check out the previous edition of the Children and Young People's Resource Pack



[Download here](#)

Looking for activity ideas, disability information & groups and resources to support your mental health?

Download February's Edition of the **Children & Young People's Resource Pack** [HERE](#)

Resources and activities are free and in the public domain

Please share with contacts who you think would find it useful

For more resources and activities on disability, mental health, bereavement, education plus more, check out the previous edition of the Children and Young People's Resource Pack [HERE](#)

 English 
Children & Young People's Strategic Partnership

The CYPSP Translation Hub provides you with important information on Health, Education, Housing, Employment, Government Services, Cost of living, Contacts for support and much more.....

 العربية


Scan me

www.cypsp.hscni.net/translation-hub

 Health	 Family Support	 SureStart	 Caters	 Cost of Living Crisis	 Education
 Housing	 Employment	 Safety/Community	 Police	 Money/Grant Advice	 COVID-19
 Government Services	 Return Translated Information	 Ukraine Advice	 Sign Language	 EU Settlement Migration	 Youth Wellness Web



<https://cypsp.hscni.net/translation-hub>


Children & Young People's Strategic Partnership

Youth Wellness Web

A place where everyone deserves to be helped at any time, no matter how big or small the problem is!

If you're struggling, it's okay to reach out:

Visit cypsp.hscni.net/youth-wellness-web/


Scan QR code

**SCHOOL BULLYING
WELLBEING
BEREAVEMENT
MENTAL HEALTH**

Call Childline on:
0800 1111

Call LIFELINE on:
0808 808 8000

Text Shout:
852558

Deaf & hard of hearing
textphone users:
18001 0808 808 8000



<https://cypsp.hscni.net/youth-wellness-web>



PARENTLINE BLOG

Calling all parents with a
story to tell!

Would you like to write a piece
for the Parentline Blog?

Get in touch with your name, contact
details and a brief blurb about your
parenting experience or topic you'd like
to contribute.



EMAIL: PARENTLINE@CI-NI.ORG.UK

www.ci-ni.org.uk/parentline



parentline@ci-ni.org.uk

The screenshot shows the Family Support NI website interface. At the top left is the logo 'familysupport NI .gov.uk' with the tagline 'Helping You Find the Services You Need'. To the right are three navigation buttons: 'Family Support' (purple), 'Childcare' (pink), and 'Childcare Partnerships' (blue). Below these is a sub-header: 'Information on a wide range of family support services and registered childcare provision in Northern Ireland'. The main content area features a background image of two smiling children. Overlaid on this are three search filters, each with a magnifying glass icon and a description: 1. 'Family Support' (purple button): 'Find local services and information to support you and your family'. 2. 'Childcare' (pink button): 'Find registered childcare in N Ireland and useful information including financial support'. 3. 'Childcare Partnerships' (blue button): 'Training and support for childcare providers'. At the bottom center of the filters is a white circular button with a downward-pointing arrow.

Check out the **Family Support NI** website [HERE](#)

A useful up-to-date online directory making it easier for people in NI to find out about **family support services** and **ALL REGISTERED childcare providers** in NI

If you require any more information about the website or would like some leaflets / posters, call **0845 600 6483**

Watch the **promotional animation clip** outlining the functions / benefits of the website [HERE](#)

If you provide a family support service in Northern Ireland and would like **details of your organisation / service included** on the Family Support NI website, click [HERE](#) to complete a short questionnaire and return the form to info@familysupportni.gov.uk

Services Available Through The Hub May Include...

Practical Support

Drug & Alcohol Support

Emotional Health & Wellbeing

Signposting to Other Supports

Advice & Guidance

Family Support

Education Support

Youth Support

Parenting Programmes

Parenting Support

Behaviour Support

"The hub linked me with services I didn't know existed"

"It was so simple to make a referral and I got the help I needed"

"After a friend recommended that I contact the hub, I rang and spoke to the hub co-ordinator who helped me to make a self-referral"

There Are 3 Family Support Hubs In the Southern Trust Area

ARMAGH & DUNGANNON HUB
Pat McGeough
Young People's Partnership Barnardos
39A Abbey Street, Armagh BT61 7DY
T: 028 37522380
E: familysupporthub@barnardos.org.uk

CRAIGAVON & BANBRIDGE HUB
Lisa Grant
NIACRO
26 Carleton Street, Portadown Co. Armagh BT62 3EP
T: 028 38331168
E: familysupporthub@niacro.co.uk

NEWRY & MOURNE HUB
Allison Slater
SPACE
24 Monaghan Street, Newry BT35 6AA
T: 028 30835764
E: familysupporthub@space-ni.com

Southern Area
FAMILY SUPPORT HUB

Many families need a little extra help sometimes

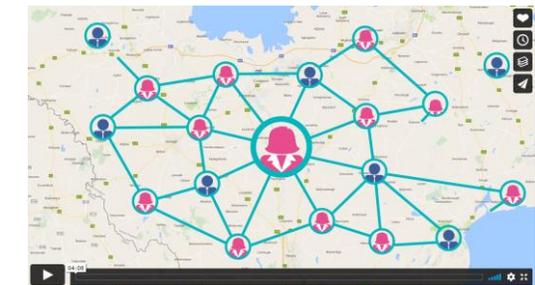
Information for Families

The 3 **Family Support Hubs** in the Southern Area continue to operate as normal and are open for referrals

Please make any referrals by e-mail [HERE](#)

Download the **February edition** of the **Family Support Hubs newsletter** [HERE](#)

Click on the below thumbnail to watch the **Southern Area Family Support Hub promotional video**





Verve Community Health Trainers

RESOURCE FOR REFERRAL AGENTS

The Verve Community Health Trainers are trained to level 3 in the Community Health Facilitator/Community Health Trainer qualification. They also complete additional training in the areas of food and nutrition, physical activity, mental health awareness, and additional topics such as sleep, managing pain, brief interventions for smoking and alcohol, and loneliness to equip them in supporting others in their role.

One to One Health Coaching and Social Prescribing

Our Community Health Trainers offer free, confidential one-to-one support and guidance with the aim of helping local people to make manageable and sustainable lifestyle changes that will result in improving health outcomes for the individual. Connecting people to activities that will further support their goals is also a key part of their role.

Health Trainer one to one sessions:

Approximately 6 sessions are arranged with the client over a twelve week period of time, offering person centred behaviour change support through: goal setting, motivational interviewing, advice, support and signposting to resources, community activities and other relevant services. Sessions are conversation based and clients work on their goals independently between their sessions. Below highlights the 4 topics Health Trainers cover and resources clients might expect to use:

Healthy eating

- / Discuss the benefits of making healthy food choices
- / [Fatwell guide](#): discuss food groups, balanced meals/ snacks
- / Reading food labels: portion sizes, traffic light system
- / Making healthier swaps, recipe ideas
- / Keeping a food diary, exploring food choices



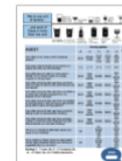
Finding new ways to be more active

- / Discuss the benefits of being active
- / Provide client centred physical activity guidance
- / Raise awareness of [CMO physical activity guidance](#)
- / Keeping an activity diary
- / Discuss barriers to being physically active
- / Signpost to physical activity options in the community



Reducing your alcohol intake

- / Alcohol Audit-C completed and brief advice provided
- / Discuss [government guidelines](#) on alcohol consumption
- / Understand alcohol and health
- / Tips on cutting down
- / Use the [Drugs and Alcohol NI](#) resources to reinforce messaging
- / Signpost to commissioned drugs and alcohol support services



Supporting people to improve their mental and emotional wellbeing

- / Help clients build the Take Five Steps to Wellbeing into their daily life
- / Understand client interests, hobbies, any activities or hobbies previously enjoyed
- / Signpost to activities (online and in person)
- / For clients with more complex needs, we might refer to other services.



Community Health Trainer Programmes

Our Health Trainer team also facilitate a range of group programmes throughout the Verve Healthy Living Network and in local community venues. These programmes include:

- / [Community Strength and Balance](#)
- / [Community Gym](#)
- / [Better Days Pain Support Programme](#)
- / [Nutrition Programmes, such as Cookit!, Food Values and Transform Your Trolley](#)

One to one clients who would benefit will be linked into these programmes where appropriate. Our referral form also provides you with the option of connecting an individual directly to one of these programmes if a group programme is their preference.

How to refer to the Verve Health Trainers service?

The easiest way is to directly refer a client or ask a client to refer themselves by opening the [referral form online](#)

Or you can request a copy of the referral form by emailing:
verve.network@southerntrust.hscni.net

As a referral agent it is important that you explain the Verve Community Health Trainer Service sufficiently to the individual you are referring, so that fully informed consent is received. It is also useful if you can assess motivation to engage in the programme of support before completing your referral.

The [Health Trainer service animation](#), which is also on the Verve website may also be useful in explaining what the service entails and how it can help and support those engaged.

What happens once we receive your referral?

Once we receive your referral we will contact the individual by letter or email to let them know that their referral has been received by the Community Health Trainer Team. This communication will also invite the individual referred to contact the referral administrator to confirm that they wish to engage with the service.

We will let you know if the person you have referred has engaged.
If you have any further questions about the service provided please contact us at verve.network@southerntrust.hscni.net





Breastfeeding

Good for baby. Good for mum

Health benefits of breastfeeding



- your breast milk is perfectly designed for your baby
- breast milk protects your baby from various infections and diseases
- breast milk is available whenever your baby needs it
- breastfeeding can build a strong emotional bond between you and your baby

For more info see
www.breastfedbabies.org

Breastfeeding has many potential benefits for mothers including protection from illnesses as well as saving money and being environmentally friendly

For more information on the benefits of breastfeeding or to find out how you can support a breastfeeding mum, visit [HERE](#)

Connect with Essential Community Services Drop-In Sessions

To raise awareness of essential local services, Council Community Development, in partnership with ABC Community Network, County Armagh Community Development and TADA Rural Support Network, is hosting "Drop-In" networking events for community groups and local residents.

Organisations attending include:

- Advice Services
- Community Development
- Environmental Health
- Financial Assistance Programme
- Health & Well-Being
- PCSP
- Southern Trust Community Development
- Waste Management/Recycling

Delivery dates:

Thursday 7 March	7.00pm - 9.00pm	Old Town Hall, Banbridge
Monday 11 March	7.00pm - 9.00pm	Dobbin St. Community Centre, Armagh
Wednesday 13 March	7.00pm - 9.00pm	The Hub, Craigavon

If you have any queries, please email
Patreea.Long@armaghbanbridgecraigavon.gov.uk



Community Wellbeing Event



Wednesday 20th
March 2024



6pm - 8pm



St.Mary's Youth
Centre, Portadown

- DRUG & ALCOHOL SUPPORT
- FREE HEALTH CHECKS
- ENHANCE YOUR HEALTH & WELLBEING
- GUEST SPEAKER
Lauren O'Malley
- CONNECT WITH LOCAL SERVICES

Free Goodie bag | Refreshments



aisling.gillespie@armaghbanbridgecraigavon.gov.uk

Patreea.Long@armaghbanbridgecraigavon.gov.uk

Call in to find out more about
The Mental Health Forum

DROP-IN INFO CLINIC

Trasna House,
Connolly Place, Lurgan,
BT66 8DN
1.30pm - 4.30pm

- Information & Signposting
- Opportunities for involvement
- Peer-Led Support & Services

Wednesday 6th Mar 2024
Wednesday 3rd Apr 2024
Wednesday 1st May 2024
Wednesday 5th Jun 2024
Wednesday 3rd Jul 2024
Wednesday 7th Aug 2024

Contact: Elaine on 078 7626 1033
www.thementalhealthforum.co.uk
or find us on MH Staff SharePoint



 07876261033

ABC Funding Opportunities

Armagh City, Banbridge & Craigavon Borough Council is offering financial assistance to eligible groups in the voluntary, community and social enterprise sector for Capital projects 2024/2025.

Large Capital Project Fund 2024/2025
Opens for applications at 9.00am on Monday 26 February and closes at 12 noon on Friday 8 November 2024, or when the budget is committed, whichever comes first.

Small Capital Project Fund 2024/2025
Opens for applications at 9.00am on Monday 26 February and closes at 12 noon on Friday 12 April 2024.

Projects must not commence before 1 April 2024.

Groups wishing to be notified of future funding opportunities and other relevant information should request their details be added to the Council database by emailing fap@armaghbanbridgecraigavon.gov.uk

Further information including details of how to apply can be found at funding.armaghbanbridgecraigavon.gov.uk

First point of contact is Valerie Armstrong 07515 607 480

    armaghbanbridgecraigavon.gov.uk



 <https://funding.armaghbanbridgecraigavon.gov.uk/>



Have you a project idea?

Are you seeking revenue funding or small capital equipment costs?

Would you be interested in a grant search for your community group?

Armagh City, Banbridge & Craigavon Borough Council has access to the GrantFinder system which is a leading grants database with various funding opportunities and can undertake a search of the system on your behalf which will provide a tailored report detailing funding opportunities specific to your needs

To complete the search, some group and project details will be required which will be gathered from you by email or phone



jillian.leathem@armaghbanbridgecraigavon.gov.uk

TAGHNEVAN
MUGA
FREE 4 WEEK PROGRAMME MARCH
Starting 4 March 2024

MONDAY	4.30pm - 5.30pm	Mini-Games	7-12 yrs
WEDNESDAY	6.00pm - 7.00pm	Street Soccer	13-17 yrs
THURSDAY	7.30pm - 8.30pm	Street Soccer	13-17 yrs
FRIDAY	4.30pm - 5.30pm	Mini-Games	7-12 yrs

Limited spaces | Register via QR Code or getactiveabc.com/cemugas
For further information please contact **Alex Clifford**
07436 537 845 | Alex.clifford@armaghbanbridgecraigavon.gov.uk

Armagh City Banbridge & Craigavon Council | Department for Communities | Pobal | Communities

ARDOWEN
MUGA
FREE 4 WEEK PROGRAMME MARCH
Starting 4 March 2024

TUESDAY	5.00pm - 6.00pm	Mini-Games	7-12 yrs
WEDNESDAY	4.30pm - 5.30pm	Street Soccer	13-17 yrs
THURSDAY	4.30pm - 5.30pm	Mini-Games	7-12 yrs

Limited spaces | Register via QR Code or getactiveabc.com/cemugas
For further information please contact **Alex Clifford**
07436 537 845 | Alex.clifford@armaghbanbridgecraigavon.gov.uk

Armagh City Banbridge & Craigavon Council | Department for Communities | Pobal | Communities

CHURCHILL
MUGA
FREE 4 WEEK PROGRAMME MARCH
Starting 4 March 2024

MONDAY	6.00pm - 7.00pm	Mini-Games	7-12 yrs
WEDNESDAY	6.00pm - 7.00pm	Mini-Games	7-12 yrs
WEDNESDAY	7.00pm - 8.00pm	Street Soccer	13-17 yrs
THURSDAY	6.00pm - 7.00pm	Mini-Games	7-12 yrs

Limited spaces | Register via QR Code or getactiveabc.com/cemugas
For further information please contact **Alex Clifford**
07436 537 845 | Alex.clifford@armaghbanbridgecraigavon.gov.uk

Armagh City Banbridge & Craigavon Council | Department for Communities | Pobal | Communities

CLONMEEN
MUGA
FREE 4 WEEK PROGRAMME MARCH
Starting 4 March 2024

MONDAY	4.30pm - 5.30pm	Mini-Games	7-12 yrs
TUESDAY	7.30pm - 8.30pm	Street Soccer	13-17 yrs
THURSDAY	4.30pm - 5.30pm	Mini-Games	7-12 yrs
FRIDAY	4.30pm - 5.30pm	Mini-Games	7-12 yrs

Limited spaces | Register via QR Code or getactiveabc.com/cemugas
For further information please contact **Alex Clifford**
07436 537 845 | Alex.clifford@armaghbanbridgecraigavon.gov.uk

Armagh City Banbridge & Craigavon Council | Department for Communities | Pobal | Communities

MOURNEVIEW
MUGA
Starting 4 March 2024

FREE 4 WEEK PROGRAMME
MARCH

TUESDAY	6.00pm - 7.00pm	Street Soccer	13-17 yrs
WEDNESDAY	4.30pm - 5.30pm	Mini-Games	7-12 yrs
THURSDAY	6.00pm - 7.00pm	Street Soccer	13-17 yrs
FRIDAY	4.30pm - 5.30pm	Mini-Games	7-12 yrs

Limited spaces | Register via QR Code or getactiveabc.com/cemugas
For further information please contact **Alex Clifford**
07436 537 845 | Alex.clifford@armaghbanbridgecraigavon.gov.uk

Armagh City Banbridge & Craigavon Council | Department for Communities | Pobal | Communities

NORTH LURGAN
MUGA
Starting 4 March 2024

FREE 4 WEEK PROGRAMME
MARCH

MONDAY	5.30pm - 6.30pm	Street Soccer	13-17 yrs
WEDNESDAY	4.30pm - 5.30pm	Mini-Games	7-12 yrs
FRIDAY	4.30pm - 5.30pm	Mini-Games	7-12 yrs
FRIDAY	7.30pm - 8.30pm	Street Soccer	13-17 yrs

Limited spaces | Register via QR Code or getactiveabc.com/cemugas
For further information please contact **Alex Clifford**
07436 537 845 | Alex.clifford@armaghbanbridgecraigavon.gov.uk

Armagh City Banbridge & Craigavon Council | Department for Communities | Pobal | Communities

PARKMORE
MUGA
Starting 4 March 2024

FREE 4 WEEK PROGRAMME
MARCH

TUESDAY	4.30pm - 5.30pm	Mini-Games	7-12 yrs
WEDNESDAY	4.30pm - 5.30pm	Mini-Games	7-12 yrs
FRIDAY	6.00pm - 7.00pm	Street Soccer	13-17 yrs

Limited spaces | Register via QR Code or getactiveabc.com/cemugas
For further information please contact **Alex Clifford**
07436 537 845 | Alex.clifford@armaghbanbridgecraigavon.gov.uk

Armagh City Banbridge & Craigavon Council | Department for Communities | Pobal | Communities

PORTADOWN PEOPLE'S PARK
MUGA
Starting 4 March 2024

FREE 4 WEEK PROGRAMME
MARCH

MONDAY	4.30pm - 5.30pm	Mini-Games	7-12 yrs
TUESDAY	4.30pm - 5.30pm	Mini-Games	7-12 yrs
THURSDAY	4.30pm - 5.30pm	Mini-Games	7-12 yrs
THURSDAY	7.00pm - 8.00pm	Street Soccer	13-17 yrs

Limited spaces | Register via QR Code or getactiveabc.com/cemugas
For further information please contact **Alex Clifford**
07436 537 845 | Alex.clifford@armaghbanbridgecraigavon.gov.uk

Armagh City Banbridge & Craigavon Council | Department for Communities | Pobal | Communities

 https://getactiveabc.com/hw_programs/community-engagement-mugas/



STARTING SATURDAY 9 MAR

STREET SOCCER

SATURDAYS | 7-10PM

WEEKLY 5-A-SIDE TOURNAMENTS

FOR BOYS AND GIRLS AGED 13-17
AT CENTREPOINT LURGAN (INDOOR PITCHES)

4 WEEK PROGRAMME

For more information visit
getactiveabc.com

The Executive Office
www.executiveoffice.ni.gov.uk

Department for Communities
www.communities-ni.gov.uk

An Roinn Pobal
Department for Communities

Armagh City Banbridge & Craigavon Borough Council



LEAP

LEISURE EMPLOYABILITY ACTIVITY PROGRAMME

DO YOU WANT A CAREER IN THE LEISURE INDUSTRY?

Free Training Courses Available

getactiveabc.com/hw_programs/leap-programme

Department for Communities
www.communities-ni.gov.uk

An Roinn Pobal
Department for Communities

Armagh City Banbridge & Craigavon Borough Council

 <https://getactiveabc.com/events/street-soccer/>

 <https://getactiveabc.com/leap-programme/>

Women's Aid
ARMAGH DOWN

PRE-LOVED SALE

International Women's Day
March 8

PRE-LOVED SALE

Caring Coins Community Cafe will be open during the event

Items for sale include:
Women's & Children's clothes, Shoes, bags and Children's toys

Community information stands

Date: Friday 8th March
Time: 10am-4pm
Venue: 10 Upper Edward Street Newry, Co. Down BT35 6AX

STICKY FINGERS ARTS

CARING COINS ASSOCIATION



mairead@womensaidarmaghdown.org

Mourne Sure Start

Breastfeeding and antenatal support group

Led by our midwife

Gentle and warm approach to assist mothers in their breastfeeding journey

Mourne Sure Start
The Seashell Centre, 18 Newcastle St, Kilkeel, BT34 4AF
Every Tuesday @9.30am
Call on 028 4176 4718



028 4176 4718

SUBMISSION

- ✓ Submit the information in the format you would like it to be included. We can't transform a word-heavy document into a flyer.
- ✓ Less words, bigger pictures!
- ✓ We do not advertise or endorse those events or programmes which are privately funded as a business.
- ✓ Information will usually be included for x1 edition, unless otherwise requested.



GUIDELINES

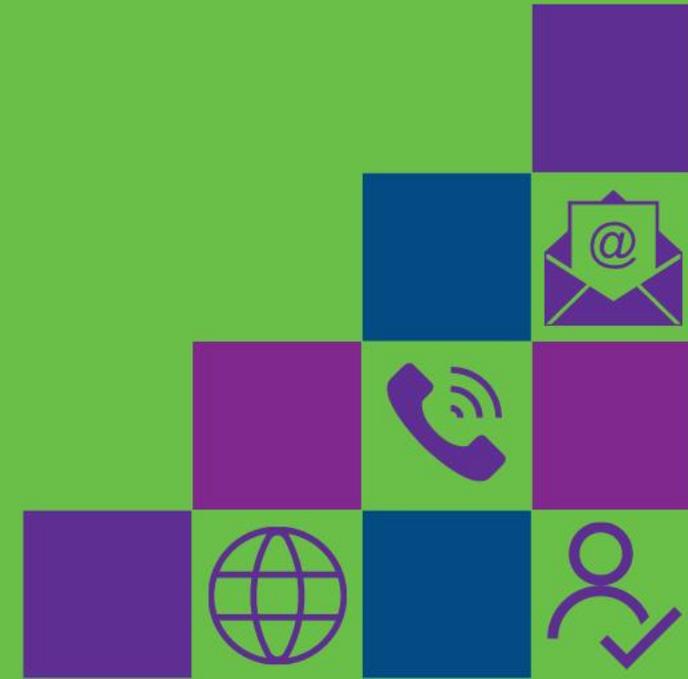
- ✓ 'FYI' will usually be issued every fortnight, on a Thursday afternoon. Please send your articles for inclusion by 5pm of the Tuesday prior to this.
- ✓ We may have to decline to advertise information which is not applicable to better outcomes for children and young people.
- ✓ Your feedback is welcome. (We are not perfect, but strive to be as good as we can.)
- ✓ Please let us know if 'FYI' has helped your service, event or activity in any way.



Click on the below issue nos. to view recent editions of 'FYI':

[Issue 120](#)
22nd February 2024

[Issue 119](#)
8th February 2024





UPCOMING 2024 LPG MEETINGS

South Armagh	Tues. 12 th Mar.
Dungannon	Tues. 19 th Mar.
Banbridge	Wed. 27 th Mar.
Newry & Mourne	Wed. 10 th Apr.
Armagh	Thur. 2 nd May
Craigavon	Tues. 7 th May

Meetings are usually scheduled to begin at 10am
 Formats will alternate between face-to-face & Zoom
 (Refer to the 2024 Meetings Calendar on our [Linktree](#))



CYPSP Locality Planning
Southern Trust Area

*** RECENTLY ADDED ***

- 'Take A Healthy Selfie' Mental Health & Emotional Wellbeing Resource Launch
- CYPSP Youth Wellness Web Webinar

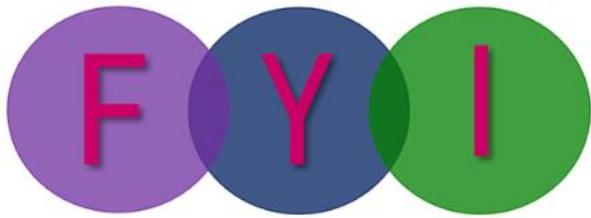


SCAN QR CODE FOR INSTANT ACCESS TO OUR INFO. HUB



For further information on Locality Planning or 'FYI', contact:
 Joanne Patterson (localityplanning@ci-ni.org.uk) or Darren Curtis (07725232566)
 CYPSP, 2nd Floor, Health & Social Care Board, Tower Hill, Armagh. BT61 9DR





For Your Information

NEXT ISSUE

21st March 2024

Submission

Deadline:

19th March 2024



localityplanning@ci-ni.org.uk